

# Nuts About Knots

**Figure 8** keeps a line from sliding out of an eye.



1. Make a loop with the BE over the SP.



3. Bring the BE over the loop and out through the bottom.

Every sailor understands that knot making is an essential skill. Here are some practical knots for sailing and everyday use.

The directions refer to a **bitter end** (BE) and a **standing part** (SP). The standing part is the fixed end of a rope. The bitter end is the loose end.

## Web Link

For animated direction on tying knots go to:  
[www.tollesburysc.co.uk/Knots/Knots\\_gallery.htm](http://www.tollesburysc.co.uk/Knots/Knots_gallery.htm)



2. Bring BE under the SP.



4. Pull tight.

**Bowline** (bo' lin) commonly used to tie a boat to a cleat or loop over a piling.



1. Make a loop with the BE underneath the SP.



2. Place BE over the upper part and then under the lower part of the loop.



3. Pull BE over SP.



4. Bring BE up through the small loop.



5. Pull the BE and the SP tight.